



Thank you for choosing Crave 2 Go!

Please find below the oven and microwave reheating instructions for your drop off/pick up meal.

During these uncertain and scary times in our country we appreciate your support.

With love from Brian, Nicole and the entire Crave Family!

REHEAT INSTRUCTIONS:

Family Style Meals

Herb Marinated Flap Steak

- Preheat oven to 350F
- Heat covered in the oven for 10-15 mins. Check for warmth and continue heating in increments of 5 min

Char Grilled Loin of Pork

- Preheat oven to 350F
- Heat in the oven for 10-15 min, covered. Check for warmth and continue heating in increments of 5 min

Smoked Cheddar Cottage Pie

- Preheat oven to 350F
- Heat in oven for 20-25 min, covered. Check for warmth and continue heating in increments of 5 min

Pasta

Spaghetti Primavera & Meatballs

- Preheat oven to 350F.
- Heat covered for 10-15 min. Stir, check for warmth and continue heating in increments of 5 min until desired heat is achieved.

Rigatoni Cauliflower Bolognese

- Preheat oven to 350F.
- Heat covered for 10-15 min. Stir, check for warmth and continue heating in increments of 5 min until desired heat is achieved.

Sides

Late Harvest Vegetables

- Preheat oven to 350F
- Remove your lid from aluminum container and heat in the oven for 8-10 mins.

Summer Squash Succotash

- Preheat oven to 350F
- Heat in the oven for 8-10 min covered. Stir, continue heating in increments of 5 min until warmed.

Polenta Cake

- Preheat oven to 350F
- Remove your lid from aluminum container and heat in the oven for 8-10 mins.

Soups

Roasted Pepper Chowder

- Place your microwavable container in the microwave and heat for 1 min. and stir. Continue this step until thoroughly warmed.

Individual Meals

Miso Glazed Salmon

- Place microwavable container in the microwave and heat at medium heat for 1 minute. Check for warmth, continue to heat for an additional 15 seconds if needed.

Smoked Cheddar Cottage Pie

- Place microwavable container in the microwave and heat at medium heat for 1.5 minutes. Check for warmth, continue to heat for an additional 10-15 seconds if needed.

PEI Mussels Orzo

- Place microwavable container in the microwave and heat at medium heat for 1.5 minutes or until warm. Check for warmth, continue to heat for an additional 10-15 seconds if needed.

Char Grilled Loin of Pork

- Place microwavable container in the microwave and heat at medium heat for 1 min. Check for warmth, continue to heat for an additional 10-15 seconds if needed.

Herb Marinated Flap Steak

- Place microwavable container in the microwave and heat at medium heat for 1 min. Continue to heat for additional 10-15 seconds if needed.